

Resource Websites and Hotlines

1. International Lactation Consultant Association
www.ilca.org
919-787-4916
info@Ilca.org
2. La Leche League International
www.lalecheleague.org
800-LALECHE (US) or 847-519-7730
lli@lli.org
3. World Health Organization
www.who.org
4. UNICEF
www.unicef.org
5. Baby-friendly Hospital Initiative
www.babyfriendlyusa.org
6. Women's International Center
www.wic.org
619-295-6446
7. World Alliance for Breastfeeding Action
www.waba.org.br
8. Wellstart International
www.wellstart.org
9. U.S. Department of Health and Human Services
www.4woman.org
1-800-994-9662
10. United States Breastfeeding Committee
www.usbreastfeeding.org
Breastfeeding Task Force of Greater Los Angeles
<http://www.BreastfeedLA.org>
11. The American College of Obstetricians and Gynecologists
www.acog.org
12. American Academy of Pediatrics
www.aap.org
13. American College of Nurse Midwives
www.midwife.org
14. Doula of North America
www.dona.org
888-788-DONA (3662)
15. Pharmasoft Publishing
www.ibreastfeeding.com
16. Pediatricians:
William Sears, MD; www.askdrsears.com
Jay Gordon, MD; www.drjaygordon.com
17. **Postpartum Depression Hotlines**
1-800-SUICIDE (748-2433)

Postpartum Support International – www.postpartum.net
805-967-0608; 888-530-2211

Websites

Academy of Breastfeeding Medicine (ABM) <http://www.bfmed.org>

American Academy of Pediatrics (AAP) <http://www.aap.org/>

American Academy of Pediatrics California Chapter 3 (AAPCA3)
<http://www.aapca3.org/>

Australian Breastfeeding Association
<http://www.breastfeeding.asn.au/index.html>

Baby Friendly Hospital Initiative, USA
<http://home.onemain.com/~ct1008688/bfusa.htm>

Breastfeeding.com <http://www.breastfeeding.com>

Breastfeeding Committee for Canada
<http://www.breastfeedingcanada.ca/html/contents.html>

Breastfeeding Online <http://www.breastfeedingonline.com>

CDC Breastfeeding Site <http://www.cdc.gov/breastfeeding/>

Children's Hospital--San Diego <http://www.chsd.org>

Human Milk Banking Association of North America (HMBANA)
<http://www.hmbana.com>

International Baby Food Action Network <http://www.ibfan.org>

International Lactation Consultant Association (ILCA) <http://www.ilca.org>

International Board of Lactation Consultant Examiners (IBLCE)
<http://www.iblce.org/>

Kangaroo Mother Care <http://www.kangaroomothercare.com>

La Leche League International (LLLI) <http://www.lalecheleague.org/>

Lactational Pharmacology <http://neonatal.ttuhscc.edu/lact>

Lactnet (listserv for Lactation Consultants)
<http://peach.ease.lsoft.com/archives/lactnet.html>

Linkages Project <http://www.linkagesproject.org>

March of Dimes <http://sandiego.modimes.org>

Mothers' Milk Bank at Austin <http://mmbaustin.org>

National Alliance for Breastfeeding Advocacy <http://www.naba-breastfeeding.org/>

National Center for Education in Maternal-Child Health
http://www.mchlibrary.info/databases/about_databases.html

Office of Women's Health Breastfeeding Center, US DHHS
www.4woman.gov/breastfeeding/

Orange County Breastfeeding Coalition
<http://www.ocbreastfeedingcoalition.org>

Pan American Health Organization (New document on Benefits of Breastfeeding) http://www.paho.org/English/HPP/HPN/Benefits_of_BF.htm

Pediatrics <http://www.pediatrics.org>

Regional Perinatal System for San Diego & Imperial Counties
<http://www.regionalperinatalssystem.org/>

Royal Australian College of General Practitioners Policy
<http://www.racgp.org.au/document.asp?id=907>

Royal Women's Hospital Breastfeeding Protocol

<http://www.rch.unimelb.edu.au/breastfeed/>

San Diego County Children and Families Commission (First Five)

<http://www.cafc.ca.gov/sandiego>

Sharp Healthcare Maternity Services

<http://www.sharp.com/clinical/list.cfm?id=A0D3B9A1-2DDF-4CB6-A115D4A012C5753B&method=viewDescription>

UCSD Extension <http://unex.ucsd.edu/healthcare>

UNICEF--United Nations Children's Fund <http://www.unicef.org>

United States Breastfeeding Committee <http://www.usbreastfeeding.org>

US Department HHS: Office on Women's Health

<http://www.4woman.gov/owh/about/contact.htm>

Vancouver Breastfeeding Centre <http://www.breastfeeding1.com>

WIC/Food and Nutrition Services of the USDA <http://www.fns.usda.gov/wic>

World Alliance for Breastfeeding Action (WABA) <http://www.waba.org.my>

WHO Global Data Bank on Breastfeeding

http://www.who.int/nut/db_bfd.htm

Australian Breastfeeding Association

Australian National Breastfeeding Strategy

Baby Milk Action

Baby Friendly Hospital Initiative, Australia

Baby Friendly Hospital Initiative, Canada

Baby Friendly Hospital Initiative, USA

Breastfeeding Promotion Network of India

CIMS

INFACT Canada

International Baby Food Action Network

La Leche League International

LANCET Child Survival Series available in seven (7) languages

LINKAGES

National Alliance for Breastfeeding Advocacy
United Kingdom Baby-Friendly™ Initiative
United States Breastfeeding Committee
USDA Economic Benefits of Breastfeeding
Wellstart International
World Alliance for Breastfeeding Action (WABA)

ADDITIONAL LINKS

ABOUT KIDS GI Disorders

158 Pleasant Street
N. Andover, MA 01845-2797
Phone: (978) 685-4477 or
1-800- 394-2747
Fax: (508) 685-4488
Web site: www.aboutkidsgi.org

American Heart Association

7272 Greenville Avenue
Dallas, TX 75231
Phone: (800) AHA-USA-1 or
1-800-242-8721

The American Heart Association is a national voluntary health agency whose mission is to reduce disability and death from cardiovascular diseases and stroke.

Web site: www.americanheart.org

Angel Flight America (AFA)

AFA is a national network of charitable medical air transportation resources. The organization uses FAA-certified volunteer pilots who fly their own private aircraft. Also available are donated or deep discount airline tickets from airline partners through the National Patient Travel Center (www.PatientTravel.org). Eligibility for AFA assistance includes a verifiable medical travel need and patient situation where resources for commercial transportation

are perhaps non-existent or very limited, at best. The AFA network will likely administer 80% of all charitable medical travel trips in the United States this year. Actual transportation costs are donated by the volunteer pilots or special airline ticket funds. Donations to administer the program come from individuals, service clubs, foundations and corporations. For more information contact Angel Flight America at www.angelflightamerica.org.

Birth Defect Research for Children Inc.

930 Woodcock Road, Suite 225
Orlando, FL 32803
(407) 895-0802

ABDC serves as a national clearinghouse to provide parents and professionals with information about birth defects and services for children with disabilities. ABDC sponsors the National Birth Defect Registry and parent matching service. They offer newsletters, Birth Defect Fact Sheets, and treatment and support group information. They also provide a Birth Defect Registry. Web site: www.birthdefects.org

March of Dimes Birth Defect Foundation

1275 Mamaroneck Ave.
White Plains, NY 10605
(888) 663-4637

March of Dimes offers a Catalog of Public Health Education Materials (booklets, information sheets and videos) available for purchase. Web site: www.modimes.org

Medicaid

Medicaid is a program that pays for medical assistance for certain individuals and families with low incomes and resources. This program became law in 1965 and is jointly funded by the Federal and State governments (including the District of Columbia and the Territories) to assist States in providing medical long-term care assistance to people who meet certain eligibility criteria. Medicaid is the largest source of funding for medical and health-related services for people with limited income.

Web site: www.cms.hhs.gov/medicaid/

MUMS-Mothers United for Moral Support-National Parent to Parent Network

150 Custer Ct.

Green Bay, WI 54301-1243

Contact: Julie Gordon (877) 336-5333

MUMS (Mothers United for Moral Support) is a national Parent-to-Parent organization for parents or care providers of a child with any disability, disorder, chromosomal abnormality or health condition. MUMS's main purpose is to provide support to parents in the form of a networking system that matches parents with other parents whose children have the same or similar condition. They also refer families to appropriate support groups. A quarterly newsletter allows families to share and speak out about issues affecting their lives.

Website: www.netnet.net/mums/

National Fathers Network

16120 NE 8th St.

Bellevue, WA 98008-3937

(425) 747-4004 ext.218

The National Fathers Network (NFN) provides support and resources to fathers of children with developmental disabilities and chronic illness and the professionals who serve them. NFN develops materials in both English and Spanish.

Website: www.fathersnetwork.org

NORD Inc.®-National Organization for Rare Disorders

P.O. Box 1968

Danbury, CT 06813-1968

(800) 999-6673 (voicemail only)

Fax: 203.798.2291

One of NORD's main objectives is to encourage, promote and fund scientific research on the cause, control and ultimate cure of rare disorders (any disorder affecting fewer than 200,000 people). They act as a clearinghouse for information about rare disorders and facilitate networking of families with similar disorders for mutual support.

Web site: www.rarediseases.org

The Oley Foundation

214 Hun Memorial, A-28

Albany Medical Center

Albany, NY 12208-3478

(518) 262-5079 or (800) 776-OLEY

The Oley Foundation provides free information and emotional support to patients (consumers) requiring home nutrition support and their families. This includes enteral (tube) nutrition, for those who cannot eat but have at least a partially functioning intestinal tract; and parenteral (intravenous) nutrition for those who cannot absorb nutrients into their systems because of a damaged or removed intestinal tract. Support services include an information clearinghouse, bimonthly newsletter, local grassroots support networks, conferences and research on health outcomes.

Website: www.oley.org

**Pediatric/Adolescent Gastroesophageal Reflux Association
(PAGER)**

Main Office

P.O. Box 1153

Germantown, MD 20875-1153

(301) 601-9541

West Coast Office
2329 Fallbrook Place
Escondido, CA 92027
(760) 747-5001

PAGER is a parent-led, nonprofit organization providing information and support to parents of children with GE Reflux. PAGER offers telephone support, literature on GER, a monthly newsletter, a library of technical information, lecture series (video tape), list of parent-tested, practical care techniques, and monthly meetings for local families.

E-mail: gergroup@aol.com

Web site: www.reflux.org

The Pull-Thru Network

2312 Savoy St.
Hoover, Ala 35226
(205) 978-2930

The Pull-Thru Network is a nonprofit national support and information network for families of children born with anorectic malformations and their associated defects, or who have had a pull-thru surgery for any reason. They publish a quarterly newsletter with medical information, new research, bowel management issues, helpful tips and personal stories.

Website: www.pullthrough.org

Ronald McDonald Houses

The idea behind Ronald McDonald House is simple: provide a "home-away-from-home" for families of seriously ill children who are receiving treatment at nearby hospitals. Some children have to travel great distances to get the medical attention they need. In-hospital treatment may last one day, one year, or even longer. For the families of these children, accommodations can

be hard to come by; options are often limited to costly hotels or unforgiving hospital chairs and benches. The Ronald McDonald House provides a comfortable, supportive alternative for these families. It serves as a temporary residence near the medical facility where family members can sleep, eat, relax and find support from other families in similar situations. In return, families are asked to make a donation ranging from \$5 to \$20 per day; if that isn't possible, their stay is free.

Website: www.rmhc.com/mission/rmhs/

The Sibling Support Project

Children's Hospital and Medical Center
P.O. Box 5371, CL-09
Seattle, WA 98105
(206) 527-5705

The Sibling Support Project is a national program dedicated to the interest's of brothers and sisters of people with special health and development needs. It includes newsletters, workshops and lots of resources for and about brothers and sisters.

Website: www.thearc.org/siblingsupport/

T.O.F.S.

St. George's Center
91 Victoria Road
Netherfield
Nottingham, NG4 2NN
England

TOFS is a support group based in England for families who have children with Esophageal Atresia, TEF and VATER. They publish a newsletter every two months and a magazine, CHEW, once a year.

Website: www.tofs.org.uk

**United Ostomy Association, Inc. (UOA) - Parents of
Ostomy Children (POC)**

19772 MacArthur Blvd., suite 200
Irvine, C.A. 92612-2405
(800) 826-0826

The primary purpose of Parents of Ostomy Children is to support parents whose child has had or may have ostomy related bowel/bladder surgery. POC provides parent-to-parent support in person or by telephone from "parents who have been there." POC also coordinates educational sessions and social events at the national United Ostomy Association Conference. UOA publishes a quarterly magazine and POC publishes a national newsletter for parents.

Website: www.uoa.org

The VATER Connection

1722 Yucca Lane
Emporia, KS 66801
Contact: Angie Schreiber

The VATER Connection offers support to families of children who were born with VATERS. They can lead you to other families who may have children with similar problems associated with VATERS.
Website: www.vaterconnection.org